

KRISHNA KANTA HANDIQUI STATE OPEN UNIVERSITY**MSW 1st Sem. Examination, 2014**

Paper - 4

Personal and Professional Development for Social Work Practice

Time : 3 Hrs.

Full Marks : 80

1. Answer any five of the following (each within 50 words) 2×5 = 10
 - (a) What is meant by self-awareness?
 - (b) What is crisis?
 - (c) What is SWOT analysis?
 - (d) What do you understand by intrapersonal communication?
 - (e) What is ethical dilemma?
 - (f) What are habits?
 - (g) What is meant by self-control?
2. Answer any three from the following (each within 100 words) 4×3 = 12
 - (a) Write a note on self-concept.
 - (b) What are the advantages and disadvantages of Johari Window?
 - (c) What are the differences between real-self and ideal-self.
 - (d) How does feedback help in communication process?
 - (e) What are values? How would you manage difference in values?
3. Answer any three from the following questions (each within 200 words) 6×3 = 18
 - (a) Write an essay on attitude.
 - (b) What is self-development? Elaborate on strategies for self development.
 - (c) List and describe the objectives of communication.
 - (d) Write a note on the meaning and importance of critical thinking.
 - (e) How does being aware of oneself in relations to others in society enable in day to day dealing?
4. Answer any four from the following questions (each within 400 words) 10×4 = 40
 - (a) Write an essay on different types of transactional analysis.
 - (b) What is Six Thinking Hats technique? How does it help in thinking process?
 - (c) What is creative process? Explain it with the help of examples.
 - (d) Write a detail note on professional personality.
 - (e) Explain the meaning, stages and characteristics of life long learning.
 - (f) Write a note on exploring self as 'Being' and the process of 'Becoming' and comment on how it helps an individual to be a professional.

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